



IMPEDE-PKD trial update!

The IMPEDE-PKD trial has now grown to 32 participating centres across the UK, exceeding its original target of 30 and giving more people the opportunity to take part.

The trial is looking at whether metformin, a medication widely used to treat diabetes, could help slow cyst growth and kidney damage in people with Autosomal Dominant Polycystic Kidney Disease (ADPKD).

Currently, there is only one licensed treatment for ADPKD, tolvaptan. It isn't suitable for everyone and can cause troublesome side effects, so finding new treatment options is really important.

The UK team is also looking at chronic pain in ADPKD, how people manage it now and whether metformin could help reduce it.

The trial is taking place around the world, with a target of 300 people from the UK taking part.

Find out more about the study, eligibility and participating centres at:

<https://bit.ly/IMPEDE-PKD>
or scan the QR code.



Honouring Tess's Legacy: A Leap Forward for PKD Research

For over 20 years, Tess Harris, who served as CEO of the PKD Charity until she passed away in March 2024, raised awareness of PKD while championing research and the voices of those affected.

Thanks to your incredible support, and our partnership with Kidney Research UK, the first **Tess Harris Fellowship** has been awarded to a groundbreaking project – the largest of its kind in the UK.

Tess's family said: "Tess would have been so excited to have been involved in this project. She was passionate about the immense importance of continuing research, knowledge and understanding. In her humility, she would never have imagined a fellowship in her name, so we are incredibly proud as a family to see this continue on her behalf."

Beating the Uncertainty

The fellowship will enable breakthrough research that takes aim at the uncertainty that families with PKD face. Getting a clear diagnosis can take time. Even once the condition is confirmed, one question often remains: "What does this mean for me and my children?" The answer to this depends on the person, because PKD affects everyone differently. For some people, kidney function declines quickly, while others reach old age with few symptoms.

Dr Christopher Pieri at University College London (UCL) wants to find out what causes these differences.



He will look for clues within genetic data to help doctors better predict how the condition might behave. This research is being supported through the £344,910 fellowship.

"In PKD, I often hear how much uncertainty families live with about what the future may hold," says Dr Pieri. "I want to help change that by improving support throughout their journey and building on the research and progress already underway."

The research has two parts: building a genetic dataset and linking it to long-term health records.

Building a genetic dataset

Most people with PKD have changes in one of two genes, called PKD1 and PKD2. But newer testing shows these are not the only genes involved. To find the genetic changes that matter most, Dr Pieri's team is building a dataset that will hold the genetic data of around 2,000 people with PKD and 25,000 people without it. Comparing these will help researchers spot which genetic differences cause PKD, rather than harmless variation found in everyone.

Continued on page 2

Driving Discovery

Advancing PKD Research

Continued from page 1

Linking data to health

Genes only tell part of the story. To see how PKD impacts health, the team will link the genetic data to medical records held in RaDaR – the UK's National Registry of Rare Kidney Diseases. This holds long-term health records for over 9,000 people with PKD such as kidney function results and scans.

By matching this health data to genetic code, the team hopes to learn which genetic changes have the biggest impact on kidney health.

This research matters because it means doctors can act sooner for those most at risk, whether that's starting treatment earlier or checking someone's kidneys more often.



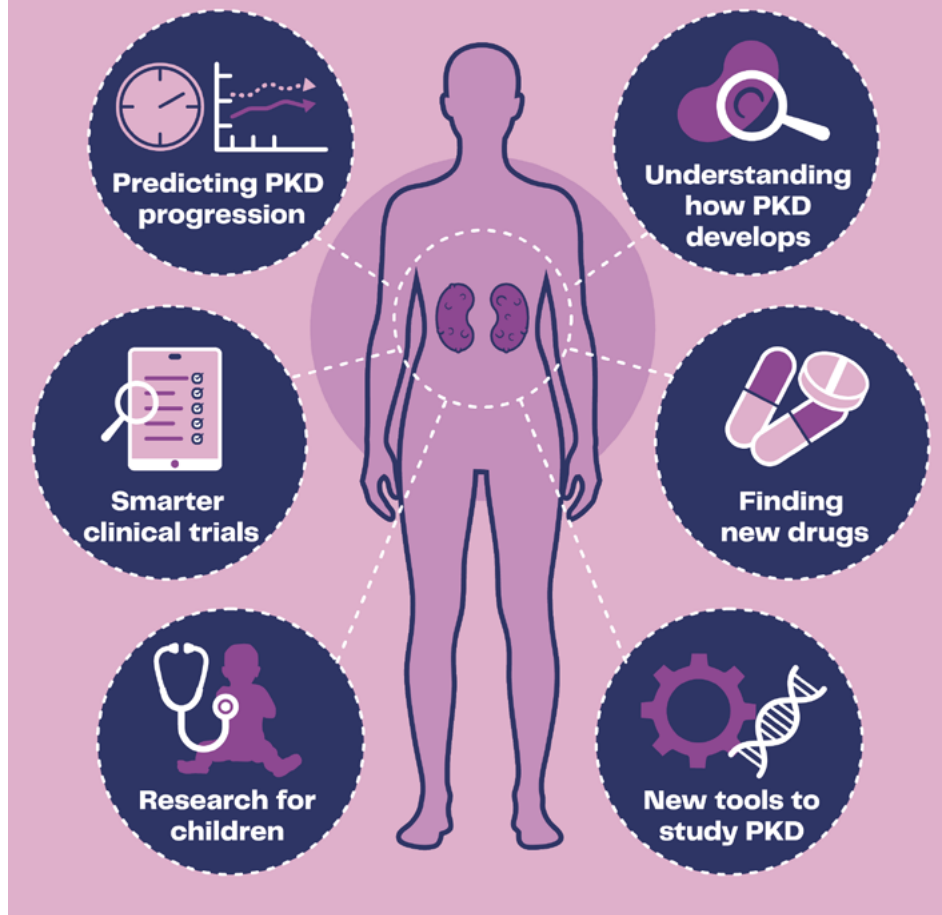
Dr Christopher Pieri

"The power of what we can do with data is growing every year," adds Dr Pieri. "We plan to identify which genetic changes cause the most kidney damage. This is so that we can move to treatment that is planned ahead of time, rather than reacting to symptoms as they happen."

Putting the PKD Community First

The PKD Charity helped people affected by PKD share their views on this research. They said they wanted practical support to help conversations with doctors. The research team aims to create clear

What's going on in PKD Research?



tools, including simple explanations of genetic results, so families can get straightforward answers about what it means for their care.

Alison Taylor, CEO at the PKD Charity, highlights how much this matters: "Uncertainty is huge for whole families in our community, and we hope this project will lead to clearer answers earlier to reduce that burden."

Continuing Tess's Work

Understanding how PKD progresses is one of several areas of PKD research today. You can find out more about the main ways PKD is being researched here:

<https://bit.ly/whatshap26>



Our goal is to fund more fellowships in Tess's name and back the next generation of researchers to

accelerate future breakthroughs for people affected by PKD. With your help, we can keep transforming PKD research and create lasting change for every family affected by PKD.

To donate, please visit <https://bit.ly/THFFund>, scan the QR code, or send a cheque to PKD Charity, PO Box 144, Caersws, SY16 9BL.



TH
TESS HARRIS
FELLOWSHIP FUND

PKD leaders from around the world come together

Last month, PKD Charity CEO Alison Taylor attended the first two-day PKD International Global Members Meeting in Leuven, Belgium, bringing together clinicians, researchers, patients and PKD organisations from around the world.

The meeting was an opportunity to share experiences, strengthen international collaboration and shape priorities for the future of PKD, with the patient voice at the heart of the discussion.



Alison said: "A strong theme was earlier and more personalised care – identifying children and adults at risk of rapid progression, understanding the genetic and biological differences that influence disease, and developing new treatments that could intervene much earlier."

"The experiences of young people living with PKD have also been an important part of the discussions, including pain, anxiety and the impact of growing up with a condition that can affect the whole family. It's an

important reminder that behind all the research and data are people and families living with PKD."

"One of the highlights for me was meeting fellow PKD patient advocacy leaders from around the world, hearing about their work and sharing experiences."

"There was a real sense of momentum and excitement around PKD research, and I was very glad to be there representing the PKD Charity."

Transforming community voices into national action

Since our campaign for a dedicated national kidney disease strategy launched last year, it has gathered real momentum. So, what have we achieved together, and what happens next?

This joint effort between PKD Charity, Kidney Care UK, Kidney Research UK, the National Kidney Federation and the UK Kidney Association, alongside clinical and patient representatives, is making good progress.

Through Voices to Vision, hundreds of patients, carers, healthcare

professionals and researchers have come together at face-to-face and online listening events to share their views on what needs to change. We've been struck by everyone's passion and commitment.

The wealth of information gathered through events and surveys is now being analysed by the University of Leicester. It will help expert groups identify priorities for a national kidney disease strategy.

We've also helped build political support. More than 13,000 people signed our open letter to the Prime Minister. In July, kidney disease was



highlighted in a Westminster Hall debate, while a new cardiovascular framework recognised the links between kidney disease, heart disease and stroke.

But there is still more to do. A dedicated kidney disease strategy could drive earlier diagnosis, better care and improved outcomes for people living with conditions such as PKD.

We aim to publish the campaign's case for change in autumn 2026.

Dialysis: A Young Dad's Diary

Meet Richard, 34, a dad of two, who started keeping a diary on Substack when he began dialysis to make sense of the experience – from finding ways to stay comfortable to beating the boredom.

"When I started to write this, my first attempt was a little too upbeat, almost to the point of smugness. 'I'm having a lovely time on dialysis, what's everyone complaining about?' I think there are good reasons I feel that way, but they aren't the whole picture.

I'm generally healthy, so there's no need to manage PKD alongside other health issues. I'd also known dialysis was part of my future, so the treatment wasn't a complete unknown. When the time came, I even had a choice between two dialysis units, both roughly the same travel time from my house.



That said, it was scary when dialysis went from 'something you'll need in the future' to 'something that starts next week'. A lot of information was coming at me very fast, and writing it down helped me process it.

The practicalities have come fairly easily. Dialysis three times a week, every week, becomes routine surprisingly quickly. Once I'm hooked up, mobility is extremely limited, so



anything I need – books, food, laptop – has to be within reach beforehand. My first session was two hours and passed pretty quickly with some social scrolling and a bit of TV. By my second session I'd remembered to download some shows and bring my book!

Now I'm well into the routine, my biggest problems are finishing my book with more than an hour to go, or running out of laptop battery. Hardly the kind of thing that generates sympathy!

My current job is physically active, and with a young family, days off are rarely restful. So the opportunity to sit quietly for four hours is rather a treat. I actually feel quite energised after dialysis, too.

The emotional impact is harder to quantify. I instinctively look for the positives, but now and then I get a bout of 'man, this sucks'. Most often this is on the drive home, when it's late and I'm on my own.

But this rose-tinted picture misses out the support that makes it possible. I'm the only person on my rotation with young children. Which is a verbose way of saying: 'I quite literally couldn't manage this without my wife.'

A twilight shift keeps both school runs clear, but cuts across family dinner

time and the bedtime routine. Even with the essential stuff covered, I'm conscious of what I miss out on. Only last week, I went to say goodbye and goodnight to the kids before dialysis, and my youngest gave me the tightest hug of my life and said in a small voice, 'I really miss you on these nights'.

I'm lucky to have extended family close by who helped with transport in the early days, when I was still finding my feet. I'm also a member of the PKD Charity London group, where I can talk to people who get life with PKD.

Being of working age also means navigating work around the unit's schedule. Starting dialysis meant I could no longer travel to meetings at my previous employer's head office in the Netherlands. I'm now working in a different role while looking for a marketing position, and working out when and how to explain my situation to potential employers can be tricky.

So, what's it like being on dialysis with a young family? It means a lot of different people are making sacrifices for the good of my health – and I love them all the more for it!"

Want to hear more from Richard? Read his diary on Substack:

<https://bit.ly/RichardDialDiary>

"I feel like I've won the lottery twice"

For Faith, living with PKD has been a lifelong journey. Now 50 and living in Merseyside, she was diagnosed at 15 after being tested because her mum and grandmother both had the condition. At 34, she was also diagnosed with polycystic liver disease (PLD).

Over time, her liver grew and everyday life became increasingly difficult. Faith was in constant pain, struggled to breathe and eat, and found even moving around exhausting.

"The feeling of not being able to breathe or move was the worst. I felt like I was being crushed."

In 2014, Faith was told she needed a liver transplant. She was frightened and shocked but surrounded by the love and support of family and friends.

Five months after being placed on the transplant waiting list, Faith received the call. It came just before Christmas, while she was sitting in the hairdressers with dye in her hair, laughing about not

having wrapped a single present.

"When the coordinator called, I panicked, told them I couldn't come and hung up!"

After speaking to her husband, Faith called the transplant team back and was reassured that her reaction was quite common.

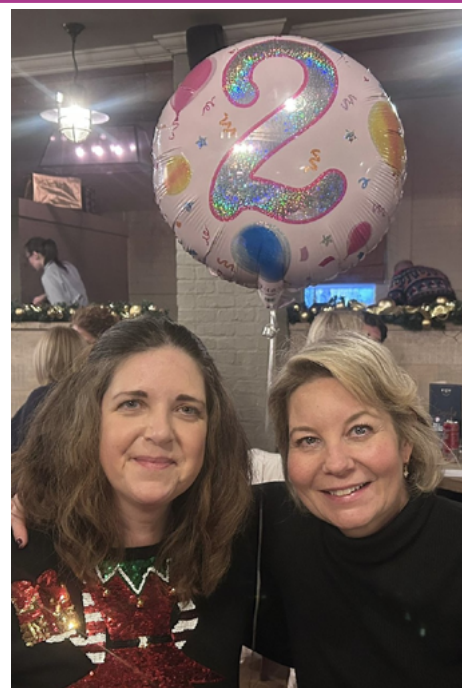
On 19 December 2015, Faith received her liver transplant. She spent five days in hospital and was determined to get home for Christmas with her boys. She was discharged on 23 December and was able to watch them open their presents on Christmas Day.

Her recovery was slow but steady, and she enjoyed several years of living a much fuller life. Eventually, however, her kidneys declined and she needed a second transplant. This time, her close friend Charlotte donated a kidney.

Faith describes her journey as:

"Full of hope and the love, generosity and kindness of strangers, family, friends and the best of the NHS."

"You must advocate for yourself and trust your instinct, you really do know your body better than anyone else. But if you find yourself lucky enough to have a great consultant or specialist, trust them."



Faith (right) and her kidney donor Charlotte

Today, Faith is grateful for every day and especially for being here to see her children grow into young adults.

"I feel like I have won the lottery twice in my lifetime."

Faith continues to volunteer with PKD Charity and is part of her local PKD Connect group. She encourages anyone living with PKD to seek support and connect with others who understand.

Her advice to anyone preparing for a transplant?

"Pack a bag! Stay off Google!"

New Momentum in Polycystic Liver Disease (PLD)

Liver cysts are a common feature of PKD. Usually, they cause few or no symptoms and the liver continues to work normally.

In severe cases, however, a liver transplant may be needed.

Experiences of PLD vary widely, but research and expert-led events are helping us better understand the condition, giving the PKD community fresh hope.

Why does PLD cause significant problems for some people, but not others? New research is helping to answer this question. Find out more about the first study from the PKD Partnership: <https://bit.ly/PLDRes26>

Earlier this year, we were joined by Dr Aarathi Vijayashanker of St James's University Hospital for a live Q&A covering PLD symptoms, diagnosis, treatment options and the latest understanding of the condition.



Watch the recording, along with other PLD talks and a library of PKD topics, online for free, in your own time.

<https://bit.ly/PKDtalk>

Or scan QR code



PKD Connect: Support Through Every Stage

This year, we expanded our online PKD Connect groups with a dedicated group for people who have received a kidney transplant, complementing our growing network of local, volunteer-led meet ups. PKD Connect offers friendship, understanding and peer support for people living with PKD.

Liz, who joins the groups online, said: "I find the support meetings invaluable. It's so helpful to connect with other PKD patients who truly understand the challenges and experiences that come with the condition."

"I previously attended the Low Clearance Zoom support meetings, where conversations covered topics such as dialysis, preparing for dialysis, next steps, looming transplants and being on the waiting list."

"Now, as a recent transplant patient, being able to chat with others at the same stage has brought so much comfort. Through these meetings, I've built lasting connections and shared support with people who genuinely understand."

Find out more: See what's on: groups & events <https://bit.ly/pkdc-events>



Can You Trust AI Health Answers?

Do you use Google to find health information? You're not alone. Research by the Patient Information Forum (PIF) and Ipsos in 2024 found that around half of people in the UK use internet searches to look for health information. That's about the same number who go straight to the NHS website.

Google introduced AI summaries in UK search results in August 2024. These appear at the top of the page, before website links, giving people answers without necessarily visiting trusted health websites. Health organisations are concerned this could put patients at risk.

In March 2025, nearly 70 health organisations met to discuss the issue. Concerns included AI summaries containing mistakes, missing important details, using information that isn't relevant to the UK, and presenting

poor-quality or incorrect information with an air of authority.

Charities shared examples they had found, including incorrect advice about liver function tests, medicines not available in the UK and information about a progressive illness that was simply wrong.

They are calling for clearer warnings about AI-generated health information, better links to support services and greater use of trusted UK health

sources. The PKD Charity is one of many charities to have endorsed these recommendations.

For now, always check health information with trusted sources such as the PKD Charity and the NHS.

The PKD Charity is PIF TICK accredited, so you can be confident our information is accurate and up to date. Our website has a range of free PKD resources, including information leaflets.



Living Kidney Donation: When one match isn't enough



Around one in three kidney transplants in the UK come from living donors. Living donor transplants can mean a shorter wait and often offer better long-term outcomes. Around 96% of donated kidneys are still working well a year after transplant.

But what happens when a donor wants to help, but isn't a match?

Kim's story

Kim was diagnosed with PKD at 32, after the condition was identified in her four-year-old daughter during an ultrasound. For many years, her PKD progressed relatively slowly, but by 2024, as Kim was in her 50s, her kidney function had declined and she needed a transplant. The future suddenly looked very different.

Throughout 2025, Kim and her husband, Rupert, went through the

transplant work-up process. They were a direct match and their transplant was booked for February 2026.

But just six days before the planned transplant, final cross-matching revealed that Kim had developed antibodies against Rupert. Their transplant was cancelled.

The couple were faced with a difficult choice: wait while another donor was assessed or enter the UK Living Kidney Sharing Scheme. The scheme allows a donor to give their kidney to a compatible recipient, while their loved one receives a suitable kidney from another donor. This is known as paired or pooled donation.

Rupert chose to enter the scheme, giving Kim the best possible chance of receiving a kidney and, hopefully, avoiding dialysis.

Then came the call they had been waiting for. In May 2026, they were

told they had been matched through the scheme. A month later, Kim received a kidney as part of a six-way exchange.

After years of uncertainty, Kim finally had her transplant.



Living donation: the basics

Living donation can be direct, when a donor gives a kidney to someone they know, or through paired or pooled donation. People can also donate anonymously, potentially helping others waiting for a transplant.

Potential donors undergo detailed medical tests and checks. For those taking part in the paired or pooled donation scheme, NHS Blood and Transplant carries out matching runs every three months. Potential matches then undergo further testing before a transplant can go ahead.

Want to know more?

Watch our Living Kidney Donation Q&A with living donor coordinator **Caroline Basarab-Horwath**, covering the different types of donation, the assessment process and what donors recipients can expect.



Watch the recording, along with our other PKD Live sessions, free online at <https://bit.ly/PKDtalk>. Or scan the QR code.



You're Not Alone

You've Got Us

New faces, making a difference

As we continue to develop our services, strengthen our information and accelerate PKD research, we're pleased to welcome three new members to the PKD Charity team.

We're also saying a fond farewell to Audrey Hughes, our Patient and Public Involvement (PPI) Officer, who has retired to the Outer Hebrides to enjoy a slower pace of life. We thank Audrey for all her hard work and wish her well in this next chapter.



Sarah Timms – Patient & Public Involvement Manager (PPI)

Sarah helps ensure the experiences and views of people affected by PKD continue to shape research.

She works with patients, families, the public and researchers to encourage meaningful involvement in research and ensure the questions that matter to the PKD community are heard.

She also helps raise awareness of PKD research studies and how people can become involved. Although Sarah doesn't have PKD herself, her daughter does, giving her a personal connection to the condition.



Mandy Burke – Health & Science Information Manager

Mandy turns complex research and health information into clear, reliable information that people with PKD and their families can use – from

understanding a new diagnosis or treatment to keeping up with developments in PKD research.

With a background in public health research, Mandy helps maintain our PIF TICK accreditation, ensuring our information remains evidence-based, up to date and easy to understand.

A key part of her role is tracking the latest PKD research, discoveries, emerging treatments and clinical trials, and sharing these developments with the PKD community. This includes regular updates on the PKD Partnership, our major collaboration with Kidney Research UK, which brings together expertise and funding to accelerate PKD research.



Diane Coake – Scotland Engagement Officer

Diane has joined us through our 18-month PKD Scotland: Outreach and Community Connections Project, funded by The National Lottery Awards for All Scotland.

She works with hospitals and community services across Scotland to help people affected by PKD find the right information and support as early as possible. With extensive voluntary-sector experience, Diane is passionate about peer support and making sure no one has to manage PKD alone.



PIF TICK: maintaining our high standards

We're delighted to share that we have successfully passed our latest PIF TICK audit, following a detailed review of our health information, processes and supporting evidence.

We already hold PIF TICK accreditation, the quality mark from the Patient Information Forum (PIF), which recognises trustworthy, evidence-based health information.

Maintaining the accreditation means regularly demonstrating that our information meets rigorous standards for accuracy, clarity, accessibility and involvement of people with lived experience.

The audit looked at how we develop, review and update our information, including clinical review, patient feedback and how we make sure our content reflects the latest evidence and best practice.

We're really pleased that our work has once again met the required standards. It means you can continue to rely on PKD Charity for trusted, accurate and accessible information about PKD.

**Trusted
Information
Creator**

Patient Information Forum

You're Not Alone

You've Got Us



Coming soon!

If you're in or around Lancashire, join us for our first PKD Information & Support Day in Preston on Saturday 21 November.

Living with PKD, supporting someone with PKD, or simply want to learn more? Come along to hear from experts, meet others affected by PKD and find out what's new in research.

Register today:

<https://bit.ly/PKDPreston2026>

Or scan the QR code.



Looking ahead to 2027:

We're bringing a PKD event to Brighton on Saturday 20 March 2027, and exploring options for events in Portsmouth, Leeds and other areas.

Want to hear when new events are announced? Register your interest:

<https://bit.ly/PKDInfodays27>

Or scan the QR code.



Information & Support

For PKD information, practical advice or just someone to talk to, we're here to help you.



Helpline

Confidential support & info

0300 111 1234 Mon–Fri, 9:30–5pm



PKD App

Free PKD info & advice

Scan QR code or search PKD App in the App Store / Google Play



Facebook Groups

For ADPKD

- PKD Support (PKD Charity UK)

For ARPKD

- ARPKD Support (PKD Charity UK)



Website

Find health information, resources and more at www.pkdcharity.org.uk.



PKD Connect Groups

In cafés or online—support, understanding, and a few laughs.



Educational events

Expert talks, Q&As, online and in person.

See what's on: groups & events
<https://bit.ly/pkdc-events>



Stay in the Loop

Sign up for e-news

Research, events & ways to get involved:
<https://bit.ly/PKDNews>

Follow us on



Stronger Together

Get Involved

Three Peaks. 24 Hours. One Big Reason.

Earlier this year, Eric, a dedicated PKD supporter, set himself a challenge – completing the National Three Peaks in 24 hours!

A personal challenge

For Eric, PKD has always been personal. His mother and aunt have both undergone kidney transplants due to PKD, while Eric and his brother were diagnosed at 18.

Eric has supported PKD Canada since the mid-2010s and, after moving to the UK in 2021, became involved with PKD Charity. He has taken part in multiple Walks for PKD in Canada, run the Great North Run in 2022 and 2024, and climbed Mount Kilimanjaro in 2024.

Reaching Africa's highest mountain at 5,895 metres was unforgettable, but what mattered most was the impact it had for PKD charities.

"The support from friends, family and complete strangers meant everything. People cared, people showed up and believed in the cause."

Before he had fully descended Kilimanjaro, Eric was already thinking about his next challenge.

"Three mountains across Scotland, England and Wales in under 24 hours sounded like the perfect combination of endurance and adventure."



When things got tough

In May, Eric traveled to Scotland to begin the challenge. When things got hard, he remembered why he was there.

"My biggest motivation has always been my family. I've seen first-hand what PKD can do through pain, dialysis, transplants, aneurysms and losing my grandpa far too young. I'm climbing so that one day other families, including ours, won't have to go through this."

"Knowing that every pound raised supports vital research and patient programmes helped keep me going. I'm fortunate to be physically fit while living with PKD. While I can, I want to use that ability to raise awareness and funds for the PKD community."

"Crossing the finish after descending Snowdon was a moment I'll never forget. Completing the Three Peaks with such an amazing group of people made the achievement even more special."

The toughest section came on Ben Nevis, where the weather changed rapidly halfway up.

"We walked into dense cloud, sleet and strong winds that made it feel like -7°C. There was still snow near the summit, which was a surprise. By the time we started descending, everyone was soaked through and freezing."

Eric had packed spare boots and dry socks, although it took nearly a full day for his kit to dry out.

One group member had packed a camping stove and boil-in-the-bag meals – not exactly practical on a 24-hour sprint.

What's next?

Would he do it again?

"Absolutely. I'd love to experience Ben Nevis on a clear day when you can actually see the mountain!"

He encourages anyone who enjoys hiking to take on the challenge.

"It's tough, but it's more achievable than people think. Many people in our group wouldn't have called themselves athletes, yet they accomplished something incredible together."

Eric has two pieces of advice: invest in good equipment, especially boots, waterproofs and hiking poles, and don't let self-doubt hold you back.

"So many people in our group never imagined they'd complete something like this, but they did. Just give it a go. You might be capable of far more than you think."

Eric is already thinking ahead but isn't giving anything away yet. Thanks to supporters like Eric, funds continue to drive research, improve services and bring us closer to a future where no family has to face PKD alone.

Stronger Together

Get Involved

Could we be your charity of the year for 2027?

Does your social group, workplace or sports team have a charity of the year?

Make PKD Charity your charity partner and help us raise awareness of PKD, the challenges it can bring and vital funds for our support, information and research work.

Seen a local fundraising opportunity? Get in touch with our fundraising team at fundraise@pkdcharity.org.uk.

Sign up to our weekly lottery draw

For just £1 a week, you could win big with our lottery.

Every week, one lucky person has the chance to win the £25,000 jackpot, with plenty of other prizes up for grabs, from free entries into the next draw to £25 or even £1,000.

And 50p from every £1 goes directly to PKD Charity. Play for the chance to win and help support our work at the same time. Sign up today.



Join our
lottery

Take on a challenge with Team PKD

Throughout the year, we have places in events across the country, with challenges to suit every ability and interest. So why not join Team PKD in 2027?

Take on a run or walk, Tough Mudder or inflatable run, or embrace your adventurous side with a bungee jump or tandem skydive. There's something for everyone.

Whether you take part in memory of someone special or to celebrate a milestone, it's never too early to start planning.

Discover other ways to support us: <https://bit.ly/SupportPKDFR>



Join
TEAM PKD



Harry Makes a Splash for PKD

Not all our fundraisers run, cycle or walk to raise money. Some give their time and energy to organise events in their communities, raising funds while talking openly about PKD and its impact on families.

One of those supporters is 18-year-old Harry, who organised a series of events at his school to raise awareness of PKD and support PKD Charity.

Harry was inspired to take action because PKD has affected generations of his family. His father, grandfather and great-grandfather have all faced the condition, and his dad is currently undergoing dialysis while waiting for a kidney transplant.

"This topic is really close to my heart and the waiting for my dad's transplant left me feeling slightly helpless – so I wanted to organise an event to spread awareness and make a contribution."



"Despite the challenges he has faced, my dad has rebuilt his life, started his own graphic design company, and is currently working on publishing the three books he has written himself. He is a huge inspiration to me, and I hope his story will resonate with others and help raise awareness of the condition."



Harry organised activities involving the whole school and staff, including an inter-student water balloon fight, a 'Splash the Staff Member' event, a non-uniform day and a bake sale! All were incredibly well received.

Through his creativity, determination and willingness to share his family's story, Harry brought PKD to the attention of his school community while raising funds too.

If Harry has inspired you to host your own event, get in touch with our team at fundraise@pkdcharity.org.uk.

Christmas Cards 2026



Our 2026 Christmas Cards are here! We hope you'll find a favourite among this year's designs. Every card you buy helps us fund research and support people affected by PKD.

Order by post using the form below, call 01227 811669 or order online by scanning the QR code or by visiting www.charitycardshop.com/pkd to see our full range.

Cards 1-10 can be overprinted with your personal message when ordered online.



10 cards per pack • 126mm x 126mm



1. Santa's Journey: £4.50



2. Surprise Meeting: £4.50



3. Away in a Manger: £4.50



4. Guiding Star: £4.50



5. Festive Candle: £4.50



6. Choir: £4.50



7. Village Christmas Tree: £4.50



8. Flying through the Sky: £4.50



9. Winter Wishes: £4.50



10. Festive Wreath: £4.50



Ordering by post

- Enter the quantities and calculate the total for each item.
- Add the relevant postage and packaging cost.
- Add any donation you would like to make.
- Make cheques payable to PKD Charity.
- Post your completed form and payment to:

PKD Charity Christmas Cards
Appledown House, Barton Business Park,
New Dover Road, Canterbury, Kent CT1 3TE

Please do not send cash in the post

By ticking the box below
PKD Charity can reclaim
the tax on your donations.

☐ I want to Gift Aid my donation of

£_____ and any donations I make in the future or have made in the past 4 years to PKD Charity. I am a UK taxpayer and understand that if I pay less Income Tax and / or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

Signature:

Date:/...../.....

giftaid it



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Postcode: Tel. (required):
Email:

UK Postage Rates

Orders	P&P
Up to £20.00:	£3.95
Over £20.01 - £50.00:	£5.95
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Please note: If you return part or all of your order, you are responsible for the postage and packaging costs unless the item is faulty.

Privacy: We take your privacy seriously. We'll use your information to contact you about this order only. We won't share your details, and you can change how we contact you at any time by emailing fundraise@pkdcharity.org.uk or calling **07715 664687**.

Product £4.50 each	Qty	Total
1. Santa's Journey		£
2. Surprise Meeting		£
3. Away in a Manger		£
4. Guiding Star		£
5. Festive Candle		£
6. Choir		£
7. Village Christmas Tree		£
8. Flying through the Sky		£
9. Winter Wishes		£
10. Festive Wreath		£
Sub Total		£
P&P		£
Donation (thank you)		£
TOTAL		£

