pkd charity
Polycystic Kidney Disease

newsletter

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Kidney Health in Focus

In March, PKD Charity joined over 1,000 healthcare professionals at UK Kidney Week in Harrogate, the UK's largest event for kidney research, clinical practice, and patient advocacy.

It was a fantastic opportunity to exchange ideas, explore the latest scientific developments, and raise awareness of PKD. At the same time, we brought World Kidney Day to life for the professional community, with plenty stopping by to snap a photo in our selfie frame.

Celebrating 20 years of World Kidney Day, this global campaign shines a light on the vital role our kidneys play. This year, our "Don't Kid Yourself" campaign took to the streets to test the public's knowledge. We also heard from kidney doctors, who shared the facts, challenged common myths, and highlighted often missed early signs. Their message was clear: knowing the signs can make a real difference.

A Father's Gift, A Daughter's Strength

Five-year-old Jessica has spent much of her life on a hospital ward, surrounded by machines and routines no child should know.

In March, she received a life-changing kidney transplant, celebrating her birthday weeks later at Manchester Children's Hospital — a reminder of how much of her childhood has been shaped by illness.

So far, Jessica has spent 1,024 days on dialysis, 805 days on the transplant list, and has required feeding support since she was a week old.

Just a day after she was born during the COVID-19 pandemic in 2021, her parents, Claire and Wayne, were told she had Autosomal Recessive Polycystic Kidney Disease (ARPKD), a rare, severe form of PKD affecting around one in 20,000 babies.

Unlike ADPKD, ARPKD occurs when both parents carry a faulty gene, even though they do not have the condition themselves.

It can cause severe complications from birth, including breathing difficulties, underdeveloped lungs, high blood pressure, liver problems, and progressive kidney failure. For Jessica, the impact was immediate.

Claire and Wayne, who both served in the military, were used to tough challenges, but nothing could have prepared them for this.

Jessica's early years have involved long hospital stays and repeated procedures, with frequent infections, high temperatures, and breathing difficulties. As her kidneys enlarged,

they began to press against her lungs and stomach. Feeding became increasingly difficult, and even the smallest amounts of food were hard for her to keep down. She began to lose weight, her spine started to curve, and she was unable to walk, her small body overwhelmed by the size of her kidneys.

They had grown to over 15cm, more than double the typical 6.5cm for her age. In 2022, and again in 2023, surgeons made the decision to remove a kidney to create space and improve feeding and weight gain, which was essential for her to be eligible for a transplant.

During this time, Jessica was taking 13 medications daily, many to control her blood pressure.

By the age of two, she was fully reliant on dialysis. After seven months of hospital dialysis, family life became overwhelming, with 7am starts, long journeys, and constant uncertainty

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Breaking New Ground in Northern Ireland

The PKD Charity is delighted to have received grants from the Halifax Fund and the Enkalon Foundation, which mark an important step in expanding our work in Northern Ireland.

We aim to strengthen links with regional specialists and local care centres, ensuring people affected by PKD can access clear, reliable information. We will also deliver pop-up awareness events to help patients and healthcare professionals better understand and access our services.

We are especially pleased to have launched a new PKD Connect group in central Belfast, meeting every couple of months. The group is led by our dedicated volunteer, Linda, who understands first-hand how isolating a PKD diagnosis can feel. Reflecting on her own experience, she shares:

"I was diagnosed 28 years ago and felt like a rabbit caught in the headlights. I didn't know what to do or where to find information. I was simply told, 'you have PKD, it will lead to dialysis and/or transplant.'I had never heard of the disease before, and even working within the NHS, I still didn't understand kidney disease.

I was given leaflets on haemodialysis, but they terrified me. I don't want other patients to go through what I did. The PKD Charity has given me immense support, from clear patient information to online webinars and connecting with others living with PKD.

I truly believe that as our local PKD Connect group grows here in Northern Ireland, it will become a vital space not just for patients, but for families too. It's something that has been badly needed here."

Linda's role as a PKD Champion is already making a difference.

Join our Belfast Group

If you're affected by PKD, you're not alone. Join others in our Belfast group to share experiences, chat, and access support in a welcoming space.

View groups: https://bit.ly/PKDGroups

Shining a Light on PKD

In March, to mark World Kidney Day, Lagan Valley Island was illuminated in green and purple to raise awareness of PKD and its impact on families across Northern Ireland and beyond.

Martina, who led the initiative, attended the event with her husband, their rescue dog Teagan—now the honorary mascot of our Northern Ireland PKD group—alongside group host Linda and fellow member Rod.

Help us light up more landmarks

We'd love to see even more buildings illuminated in PKD colours. If you know a local landmark that would be a fitting symbol for PKD Awareness Week, please nominate it by contacting jane.pugh@pkdcharity.org.uk.

A beacon of awareness: Rochester Cathedral in PKD colours, 2025

PKD Voices

Stories that Connect Us

Continued from page 1

about returning in time to care for Jessica's older brother, James. Wayne's work takes him away, and Claire was unable to work due to Jessica's needs.

To bring some stability to family life, both parents completed eight weeks of specialist training to carry out dialysis at home.

Jessica has undergone numerous procedures, including feeding tube placement, a central line, transfusions, bone marrow and liver biopsies, and treatment for variceal bleeding. Her liver and spleen problems further complicated transplant planning.

Feeding remains a daily challenge. She receives renal formula via a gastrostomy tube over 16 hours each day and has little appetite. She has also developed pica, a condition where non-food items such as stones, chalk, and cardboard are eaten, which is more common in children on dialysis.

The impact on the family has been physical, emotional, and financial. Time off work, long hospital stays, and the need for full-time care have placed significant pressure on household income, adding extra stress to an already overwhelming situation.

Despite everything, Jessica shows extraordinary resilience. While delayed development has affected her walking and talking, her spirit remains strong.

"Jessica is the one living it, yet she still manages to be happy," says Claire. "She has swapped a childhood for hospital life, and instead of feeling sorrow, she has found strength. It is both reassuring and heartbreaking at the same time. She brings us so much joy."

Claire adds, "There have been times when I have hit rock bottom, but one look at Jess and it all fades away. If she can live it, I can endure it. She leaves me in awe."

A transplant was always her best long-term option. The challenge was getting her strong enough to reach that stage.

Although both parents were screened as donors, neither was a suitable match. Wayne then joined the national donor sharing scheme, donating a kidney to a stranger so that Jessica could receive a compatible one in return.

The transplant, which involved a complex chain of three donors and three recipients, went ahead on 6 March 2026 at Birmingham Children's Hospital, chosen for its specialist liver expertise. She was later transferred back to Manchester Children's Hospital to recover.

The transplant is a major step forward, though complications remain, particularly involving her liver and spleen. Recovery has not been straightforward, but thankfully her new kidney is working well.

For the first time in years, there is real hope.

Jessica's story is one of courage, endurance, and love. Despite everything they have faced, her family are inspired every day by the strength of a little girl who refuses to give up.

Claire shares Jessica's journey on social media to raise awareness of ARPKD and support other families facing similar challenges – follow their progress on Instagram at @jessicafloyd_arpkd.

If your child has ARPKD, or you're an adult with the condition, share your experiences. Take part in our focus groups or surveys and help shape the support and information we provide to others.

To get involved, please contact us at info@pkdcharity.org.uk.

Travelling on Dialysis

Dialysis doesn't have to stop you enjoying a holiday, in the UK or abroad. Many destinations and even some cruises offer haemodialysis (HD), while peritoneal dialysis (PD) supplies can often be delivered to where you're staying. With a bit of planning, you can travel with confidence!

Start with your kidney team

Before booking, speak to your kidney team two to three months ahead. They'll confirm you're fit to travel and help plan your care while you're away. Always wait until dialysis arrangements are confirmed before making any bookings.

Planning your dialysis

Haemodialysis: Arrange sessions at a unit near your accommodation. Your home unit may help, or you can contact units directly. Check they can meet your clinical needs, confirm your booking in writing, and understand any costs, including whether your **GHIC** or **EHIC** is accepted. Plan transport and activities around treatment days. If you use a portable home HD machine, speak to your home therapies team early.

Peritoneal dialysis: This offers more flexibility. Exchanges can usually be done in a clean space with access to a sink. Supplies can be delivered in advance via your renal unit and supplier.

If you're on the transplant waiting list, speak to your team before travelling, as you may need to pause your listing.

Travel insurance matters

Take out comprehensive travel insurance that covers dialysis. Declare PKD and any other conditions honestly, and make sure your policy includes treatment abroad, emergency care, and repatriation if needed.

Pack smart

Keep key documents in your hand luggage: a doctor's letter, medication list, dialysis prescription and schedule, insurance details, GHIC/EHIC (for Europe), and recent blood results if available.

Take enough medication for your trip, plus extra in case of delays, and keep it in original packaging. If you're on PD, ensure supplies are arranged and delivered before you arrive.

Stay well while away

Travel can disrupt routines, so watch your salt intake, stick to your fluid allowance, and take care with unfamiliar foods. In hot climates, ask your care team for advice on managing fluids.

Before you travel, locate the nearest hospital. Learning simple phrases like "I need dialysis" or "I have kidney disease" can be helpful in an emergency.

"Dialysis Didn't Stop My Trip to Thailand"

Hear from Kim about her five-week trip to Thailand on peritoneal dialysis.

"I never imagined I'd still be able to take a trip like this, but with the right planning it really was possible.

I spoke to my dialysis team about sending supplies, checked I was fit to travel, sorted insurance, and made sure my hotel could accept a large delivery. At first, I was nervous about switching from my usual machine to manual PD. It meant learning a slightly different routine. I also worried the delivery might not turn up, so I asked the hotel to send me a photo once it had arrived, which really helped reassure me.

The biggest challenge was finding affordable insurance, but in shopping around I saved 85% compared to my first quote!

When I arrived, everything just worked. I settled into my routine quickly, and doing my dialysis while enjoying the sights and scents of Thailand is something I'll never forget."

Strengthening support for PKD families in Scotland

We're delighted to have received National Lottery funding for our new PKD Scotland: Outreach and Community Connections project– an 18-month initiative dedicated to helping people across Scotland feel more informed, connected, and supported from the start.

It focuses on building more local, face-to-face support, including developing support groups, growing a network of ambassadors and bringing in a Scotland-based Engagement Officer to help PKD families find support earlier.

The project is already well underway, beginning with our Information Day in March – our first in-person event in Scotland since 2018.

Hosted by Dr Zoe Cousland, the day brought together people from across Scotland, including families, patients and healthcare professionals. Many travelled long distances to attend, including one family who made the journey all the way from Lerwick in Shetland.

The day was a powerful reminder of how important it is to create opportunities for people to come together, share experiences and feel less alone. The day included a mix of expert talks, and smaller group sessions, giving people space to ask questions and hear from others.

Some of the feedback shared on the day included:

"I feel much more positive and so much less alone on my PKD journey now."

"…the best thing was being able to connect with people in my area… just sitting with others who are going through this was so amazing."

For many people, PKD can feel isolating, particularly in the early stages. It's not uncommon to leave appointments with limited support beyond clinical care, or to go years without meeting anyone else living with the condition.

Elaine, who was diagnosed with PKD as a teenager and has navigated the condition through different stages of her life, shared:

"What is really needed is a local peer group where we can meet and chat, really getting to know one another and supporting each other through it."

This is exactly the kind of connection the project is aiming to make possible more regularly. Support groups are being developed in areas where demand is highest, creating more opportunities for people to meet, share experiences and feel supported by others who understand.

Alongside this, we're thrilled to welcome our new Engagement Officer, who will work closely with renal units to ensure people are aware of available support as early as possible after diagnosis, and beyond.

Our network of PKD Charity ambassadors is growing too. These volunteers share their experiences and guide others, helping more people feel better connected.

It's inspiring to see the difference this is already making and to know that more people across Scotland will have the chance to feel informed, supported, and less alone.

If you would like to become involved in a new support group in Edinburgh or Glasgow, please complete the following form: https://bit.ly/FormGroups2026

Where We Are, What's Ahead

Why research matters

Research is our best hope of stopping the progression of PKD and transforming lives, both now and in the future.

For many people affected by PKD, the prospect of dialysis or a kidney transplant can feel inevitable. But research is changing that story. Every study, every clinical trial, and every patient contribution brings us closer to better treatments and ultimately a cure.

Our role in driving research

PKD Charity has been at the heart of PKD research for decades. We work closely with clinicians, scientists and global partners to make sure research focuses on what matters most to patients and families.

We don't just fund research, we help shape it. By listening to the PKD community, we ensure patient voices guide priorities, influence decisions and improve outcomes.

Our vision is clear:

A future where dialysis and transplant are no longer an inevitable part of PKD.

Turning priorities into progress

A real turning point in our work was leading the ADPKD Priority Setting Partnership (PSP). This brought together patients, carers and healthcare professionals to identify the top 10 unanswered questions about ADPKD.

For the first time, research priorities were set collaboratively, ensuring that limited funding is directed where it can make the biggest difference. This two-year project has already helped guide research funding and focus efforts on the issues that matter most to the PKD community.

View the top 10 research priorities

We also supported the understanding and adoption of tolvaptan, currently the only licensed drug shown to slow PKD progression, helping ensure patients and clinicians can make informed decisions about treatment.

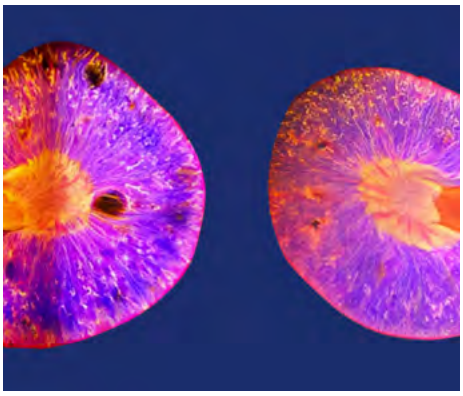
A new era

More recently, the PKD Partnership was formed with Kidney Research UK, in a landmark collaboration designed to accelerate progress.

By combining expert research funding with direct patient input, the partnership is supporting innovative projects that aim to:

- slow disease progression
- improve quality of life
- develop new and personalised treatments

In 2025, a £1 million funding round was launched to support early-stage ideas, fellowships and PhD studentships, helping bring the next generation of PKD research to life.



Research in action

Across the UK, researchers supported by PKD Charity are making important discoveries about how PKD develops and how it can be treated.

For example:

- Researchers have found that tiny blood vessels in the kidney are damaged in the early stages of PKD, opening new doors for early intervention.
- Scientists are studying the genes and cell structures involved in PKD to better understand how cysts form and grow.
- Kidney "mini-organs" (organoids) - Lab-grown kidney models are being used to test new drugs more quickly and safely.

Alongside this, several major studies and trials are underway:

IMPEDE-PKD (Metformin Study)

A large UK study exploring whether a common diabetes drug can slow disease progression and reduce symptoms.

MAPLE Trial Testing a new treatment aimed at slowing cyst growth and preserving kidney function.

HIYA-PKD Study Investigating high blood pressure in young people at risk of PKD to better understand early disease stages.

Together, these projects represent real hope and real progress.

Driving Discovery

Advancing PKD Research

RaDaR
Registry of Rare Kidney Diseases

The power of data

Behind many of these advances is a powerful tool, the National Registry of Rare Kidney Diseases, known as RaDaR.

RaDaR is the largest rare kidney disease registry in the world. For the PKD community, it is incredibly valuable, holding data from over 9,000 adults and children with ADPKD and ARPKD. This information allows researchers to build a clearer picture of how PKD develops and progresses over time, across different ages and groups of people.

By bringing together large amounts of real-world data, RaDaR helps speed up research and supports the development of new treatments and clinical trials. It also plays an important role in improving healthcare planning and services, ensuring the needs of people with PKD are better understood and met. Patient privacy is fully protected at all times.

Not every NHS hospital currently recruits to RaDaR, but patient interest can help change that and make a meaningful difference for yourself and others living with PKD. Recruitment is open to all UK hospitals, though patients cannot register themselves. You must be referred by your hospital's research team or by contacting the UK Kidney Association. If you're interested, speak to your kidney doctor or nurse at your next appointment.

PKD Research Hub

The PKD Research Hub aims to bring research closer to our PKD community, helping people better understand what is happening and how they can be part of it.

At its heart, the Hub is about making research more open and accessible. It will explain, in simple terms, how new medicines are developed and tested, why research matters, and what it means for people living with PKD. It highlights opportunities to take part in the latest studies and clinical trials, for anyone who would like to play a more active role in progress.

A key part of the Hub is the Patient Involvement Programme, where people affected by PKD can help shape research itself. This includes sharing experiences, giving feedback on study design, reviewing patient information, and taking part in discussions with researchers. These insights help ensure research focuses on what really matters to patients and families, ensuring your voice is heard and valued.

We are already building a strong group of volunteers and are keen to welcome more. You do not need any specialist knowledge, just a willingness to share your perspective. You can be involved as much or as little as suits you, with support and guidance provided throughout.

Be part of the future

If you are interested in getting involved in the Hub's Patient Involvement Programme, please email **info@pkdcharity.org.uk** to find out more.

View current PKD studies:
https://bit.ly/PKDTakePartStudy

PKD research is moving faster than ever, but we cannot do it alone.

By taking part in research, joining RaDaR, or sharing your experiences, every contribution brings us closer to a future without PKD.

Information You Can Rely On

Providing accurate, clear, and accessible information is central to our work. We know that the need for reliable information can arise at any point, from diagnosis through to day-to-day management and decisions about treatment and care.

The right information at the right time can empower patients, reduce uncertainty, and offer reassurance during what can feel like an overwhelming experience.

We are proud to hold PIF TICK accreditation, a quality mark from the Patient Information Forum (PIF), which has been setting health information standards for more than 25 years. The PIF TICK shows our health information is trustworthy, evidence-based, and easy to use.

PIF TICK accreditation requires us to meet rigorous standards. Our content must be accurate, up to date, clearly written, and developed with input from both clinical experts and people with lived experience.

We must also show transparency in how information is produced, carry out regular reviews, and demonstrate continuous improvement.

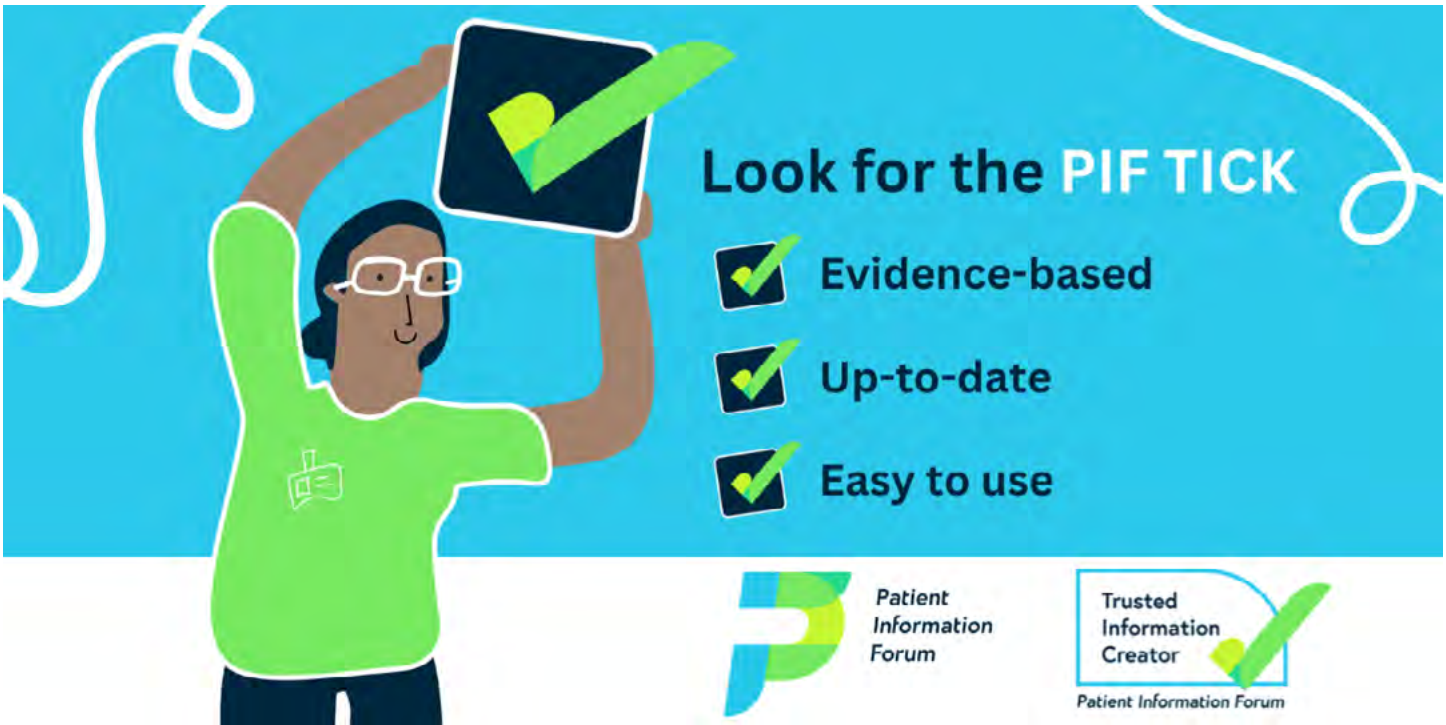
Every resource follows a rigorous process, from research and drafting through to clinical review, patient feedback, and final approval. Each stage is designed to ensure the highest possible quality. This is not a one-off effort; maintaining PIF TICK accreditation means materials are regularly reviewed and updated to reflect the latest evidence and best practice.

As the UK's primary destination for PKD information and support, we are proud to offer a wide range of resources for patients, families, and carers at every stage, all available via our website.

Many resources have been recently reviewed and updated, ensuring they remain relevant, accurate, and aligned with current guidance.

Our volunteers play a vital role in this work. We are especially grateful to those who review content at various stages of development. Their input helps ensure our information is accurate, clear, and grounded in first-hand experience.

Our goal is simple: to ensure that everyone affected by PKD can access information they can trust, whenever they need it.



A United Call For Change

Following the publication of the Government's 10 Year Health Plan, where kidney disease was largely overlooked, and a new World Health Organization (WHO) resolution recognising it as a major global health threat, the kidney community came together to act.

Alongside Kidney Care UK, Kidney Research UK, the National Kidney Federation and the UK Kidney Association, we are calling on the Government to implement a national kidney disease strategy.

This is urgently needed to improve prevention, diagnosis, treatment and long-term care for the estimated seven million people in the UK affected by kidney disease. Earlier detection and better support could prevent many people from reaching kidney failure and reduce pressure on NHS services.

A key milestone in the campaign was the delivery of an open letter to Downing Street, signed by over 13,000 supporters, urging the Prime Minister to take action on kidney disease. PKD Charity CEO Alison Taylor and PKD patient and trustee Zahra attended the hand-in.

Since then, the focus has been on ensuring any future strategy is shaped by real experiences. The "Voices to Vision" programme, launched in 2026, brings together patients, families, healthcare professionals and researchers through national listening events and workshops.

Six events have taken place so far, both in person and online, helping to co-design what a future kidney disease strategy should look like. Thank you to all PKD members who have contributed.

Another key part of the campaign is the MP e-action, encouraging patients, families and those working in renal services to contact their local MPs and show their support. This helps keep kidney disease firmly on the political agenda.

This ongoing campaign has one clear goal: to ensure kidney disease is recognised as a national health priority, and that people living with conditions like PKD receive earlier diagnosis, better care and improved outcomes.

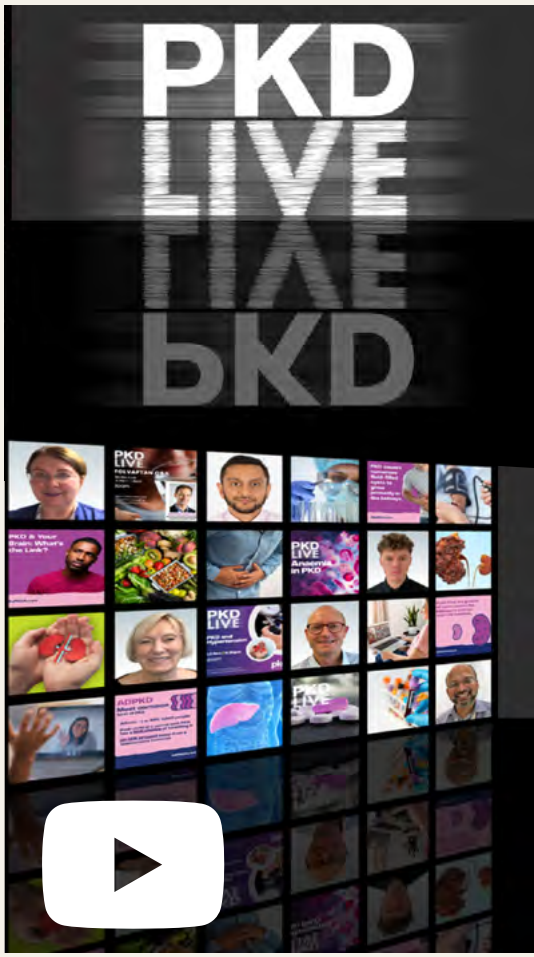
Keep an eye on our channels for updates and ways to get involved.

PKD Q&As On Demand

PKD LIVE Q&As are hour-long online sessions where you can ask questions and hear directly from experts on a huge range of topics – from understanding PKD, managing blood pressure, to transplants, infections, research and more.

Missed a session or want a refresher? Our free On Demand recordings let you watch anytime, providing practical advice and expert guidance whenever you need it!

Explore the full library of PKD LIVE Q&As at **https://bit.ly/PKDevtalk**
Or scan QR code



Lace Up: The PKD Fun 5K Returns Bigger Than Ever!

Last year, we had an idea, a vision. Across the country, people wearing their PKD T-shirts would come together at 9 o'clock on September 6 to take part in a 5K to celebrate the end of PKD Awareness Week.

Although we couldn't all be in the same place, we could all be doing the same thing at the same time.

And it was an incredible success!

We had over 120 people taking part across 49 locations, many of them at local parkruns, from Friockheim Park near Dundee to Bromham's near Exeter, and even across the water in Ireland at Ormeau in Belfast.

The event gave participants the chance to talk about PKD, raise awareness of the condition, and, even better, meet others who were also taking part. Thanks to the matching T-shirts, it was easy to spot fellow participants and say hi!

Because it was such a huge success and enjoyed by so many last year, we're doing it all again. This year, we're hoping to see even more locations on the map and more people getting involved, whether that's taking on a 5K or simply coming along to cheer. If you missed it, you can still view all the photos from last year's event on our website.

This year's event will take place on Saturday, September 5, the weekend following PKD Awareness Week.

To take part, you can register here and add the date to your calendar. Alternatively, keep an eye on our social media channels for sign-up details closer to the time.

Stronger Together

Get Involved

Other ways to support us

Drink Tea for PKD

Bring people together by hosting a Drink Tea for PKD event. Whether at work with colleagues or at home with friends, it's a great opportunity to enjoy a cup of tea, share some cake, and raise awareness of PKD. We provide everything you need to get started, including invitations, cake flags, games, and recipe ideas. All you need to do is choose a date and invite your guests.

Recycle for good

Turn unwanted items into donations through Recycle for Good. Items such as used stamps, broken jewellery, and foreign currency can be recycled and converted into funds that support the charity. Simply send them off and help make a difference while decluttering your home.

Join our lottery

Take part in our weekly lottery for a chance to win up to £25,000. Entries cost just £1 per week, and 50% goes directly to PKD Charity. You can also gift entries to someone else, making it a great present for someone who is hard to buy for. So, what are you waiting for! It's a win-win situation!

Northampton Abseil

Take on an unforgettable challenge at the Northampton Tower Abseil on Saturday 5 September. Step over the edge 419ft above the ground and take in the breath-taking views across Northampton before beginning your unforgettable descent. It's not for the faint-hearted, but it's an experience you'll never forget!

Ultra Challenge

Get in the group chat and sign yourself and your squad up for an Ultra Challenge this year. Set in beautiful locations across England throughout the year, the distances range from 10 km up to a whopping 100km over 2 days. There are regular refreshment stops along the route, and every participant gets a finishers' medal and a glass of fizz to celebrate at the finish line. What's not to love.

Whatever you decide to do for PKD Charity, you will not be alone. Our fundraising team is always on hand to offer support and guidance on how to make the most of your fundraising.

If you can't see anything that tickles your fancy, or you have an idea about doing your own thing get in touch at fundraise@PKDcharity.org.uk

You're Not Alone. You've Got Us.

For PKD information, practical advice or just someone to talk to, we're here to help you.

Helpline

Confidential support & info

0300 111 1234 Mon–Fri, 9:30–5pm

PKD App

Free PKD info & advice

Scan QR code or search PKD App in the App Store / Google Play

Facebook Groups

For ADPKD

- PKD Support (PKD Charity UK)

For ARPKD

- ARPKD Support (PKD Charity UK)

PKD Connect Groups

In cafés or online—support, understanding, and a few laughs.

Educational events

Expert talks, Q&As, online and in person.

See what's on: groups & events
https://bit.ly/pkdc-events

Stay in the Loop

Sign up for e-news

Research, events & ways to get involved:
https://bit.ly/PKDEnews

Follow us on

TESS HARRIS
FELLOWSHIP FUND

Continuing Tess's Legacy in PKD Research

Tess Harris, who passed away in 2024, was an extraordinary and deeply cherished figure within PKD Charity and the wider kidney community.

For over 20 years she played a pivotal role in improving understanding of PKD and in driving better care and outcomes for those affected.

In her honour, we set up the Tess Harris Fellowship Fund, a fitting tribute to someone who gave so much of her time and heart to advancing PKD research and supporting the community she so passionately championed.

Alison Taylor, Chief Executive Officer, says:

"PKD Charity has spent over 25 years supporting research. Since the fund launched, we have been moved by the support and are very grateful for every donation.

This fund brings hope for better treatments and a future where PKD does not always lead to dialysis or transplant."

The long-term aim is to create several fellowships in Tess's name, supporting talented researchers whose work could change the future for people living with PKD. We cannot do this alone.

With your help, we can turn this vision into real and lasting change.

We invite you to celebrate Tess's life by contributing to her Fellowship Fund. Your support will help continue her work and improve lives for people with PKD.

SCAN ME

To donate, visit https://bit.ly/THFFund, scan the QR code or print this page and send a cheque using the slip below.

Name: _____

Address: _____

_____ Postcode: _____

Email: _____

Phone no.: _____

Please do not send cash.

Please make cheques payable to 'PKD Charity'

Post your donation to: PKD Charity, PO Box 144, Caersws SY16 9BL

Gift Aid declaration

By ticking the box below PKD Charity can reclaim the tax on your donations.

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☐ I want to Gift Aid my donation of £ _____ and any donations I make in the future or have made in the last 4 years to PKD Charity. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

Signature: _____ **Date:** ___/___/___