PKD Information & Support Day

Autosomal Dominant Polycystic Kidney Disease



Hosted by:

Consultant Nephrologist, Dr Zoe Cousland, and the PKD Charity

Programme

Date: **Saturday 28 March 2026**

Venue: **DoubleTree by Hilton Glasgow Strathclyde, Strathclyde Business Park, Phoenix Crescent, Bellshill ML4 3JQ**

Registration: **https://bit.ly/PKDScot26**

09:30 – Registration and refreshments

10:00–10:20 – Welcome and Introductions

10:20–11:00 – PKD Basics (what is PKD/how you get it/progression): Dr Zoe Cousland and Dr Ian Drummond

11:00–11:40 – PKD Medicines including Tolvaptan: Dr Kara Porch and Aileen Dunleavy, plus PKD/Tolvaptan patient

11:40–12:00 – Break (with refreshments)

12:00–12:40 – Dialysis Choices and Planning: Dr Stewart Lambie, and Stuart Ross

12:40–13:00 – PKD Research Update & Clinical Trials: Alison Taylor

13:00–14:30 – Lunch

Workshops

We're offering three workshops, each repeated twice. You can attend two different topics—one before the break and one after—by choosing one session per time slot.

Session 1: 14:30–15:30

1a: Women's Health and Family Planning: Dr Zoe Cousland

1b: Transplant and PKD: Mr Ryan Ghita, and Julie Glen

1c: Living Well with PKD (lifestyle, diet, mental wellbeing, work/money): Jacqui Annand, Clare Collins and Dr Carolyn Patterson

15:30–15:40 – Break

Session 2: 15:40–16:40

2a: Women's Health and Family Planning: Dr Zoe Cousland

2b: Transplant and PKD: Mr Ryan Ghita, and Julie Glen

2c: Living Well with PKD (lifestyle, diet, mental wellbeing, work/money): Jacqui Annand, Clare Collins and Dr Carolyn Patterson

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Polycystic Kidney Disease

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