PKD Information & Support Day

Autosomal Dominant Polycystic Kidney Disease

Hosted by:

Dr Harish Shetty, Lancashire Teaching Hospitals NHS Foundation Trust, and the PKD Charity



Programme

Date: **Saturday, 21 November 2026**

Venue: **The Exchange, County Hall, Preston PR1 8XB**

Registration: **https://bit.ly/PKDPreston2026**

09:30 Registration and refreshments

10:15–10:30 – Welcome & Introductions
Jane Pugh, PKD Charity

10:30–11:00 – PKD: the big picture
Dr Chad Pardoe, Senior Renal Registrar

11:00–11:45 – Slowing PKD: Tolvaptan and blood pressure control.
Dr Harish Shetty, Consultant Nephrologist

11:45–12:10 – Break

12:10–12:45 – Renal psychology: minding your head as well as your kidneys
Dr Thomas Rozwaha, Principal Clinical Psychologist in Renal

12.45–13.15 – Genetics, me & my children: what gets passed on (and what doesn't)
Elizabeth Alexander (MSc), Registered Principal Genetic Counsellor

13:15–14:30 – Lunch

Workshops

Choose one workshop from Session 1 (A, B or C), then a different workshop from Session 2. All three are repeated, so you can attend two workshops of your choice. Each lasts 50 minutes.

Session 1: 14:30–15:20

a: Your transplant journey: before, during and after
Mr Hussein Khambalia, Transplant Surgeon

b: Dialysis: how, when and where Dr John Anderton, Dr Ramzana Asghar & Dr Ajay Dhaygude, Consultant Renal Physicians

c: Living well with PKD: anaemia/EPO, and diet
Sr Deborah Farrow, Senior Anaemia Coordinator, and Emily Baldwin, Specialist Dietitian

15:20 – 15:30 – Break

Session 2: 15:30–16:20

a: Your transplant journey: before, during and after
Mr Hussein Khambalia, Transplant Surgeon

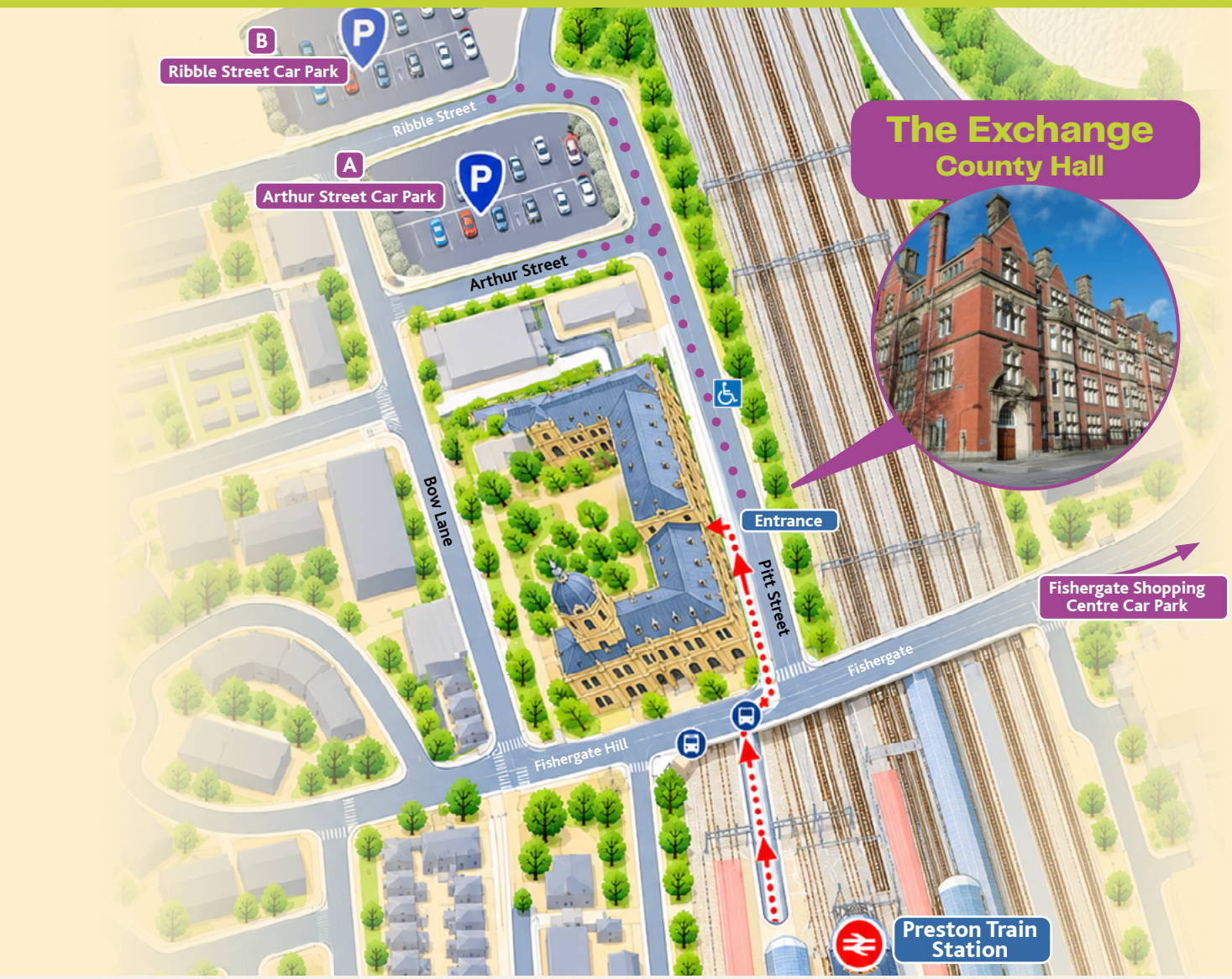
b: Dialysis: how, when and where Dr John Anderton, Dr Ramzana Asghar & Dr Ajay Dhaygude, Consultant Renal Physicians

c: Living well with PKD: anaemia/EPO, and diet
Sr Deborah Farrow, Senior Anaemia Coordinator, and Emily Baldwin, Specialist Dietitian

Stay in the loop! Get PKD Charity e-news or printed newsletter, visit: https://bit.ly/Stayuptodate

pkd charity
Polycystic Kidney Disease

Getting to the PKD Information & Support Day



Saturday 21 November
The Exchange, Preston

The Exchange is on the fourth floor of County Hall, a historic building opposite Preston railway station right in the heart of the city.

Venue:

The Exchange, Fourth Floor, County Hall, Preston PR1 8XB

Time:

Doors open at 9:30am — join us for welcome drinks.

By Train:

Preston railway station is directly opposite County Hall, making the venue easy to reach by train. Check times at National Rail.

By Bus:

Regular bus services stop close to County Hall. Check local timetables at Preston Bus.

By Car:

Free parking is available in two car parks, both accessed via Bow Lane. Please see the map for locations.

Car park A: Arthur Street. Use the first car park on Arthur Street, not the one at the far end marked "Visitor Car Park". Enter PR1 8XB into your satnav.

Car park B: Ribble Street. From Arthur Street, continue to the end and turn left downhill.

A limited number of accessible parking spaces are also available on Pitt Street, close to the entrance.

https://www.nationalrail.co.uk
https://www.prestonbus.co.uk

When you arrive:

Enter County Hall via the Pitt Street entrance. If you've parked in either car park, head uphill towards the main entrance on your right.

Take the lift to the fourth floor, where the PKD Charity team will be there to welcome you. There's no need to print your ticket as we have a list of everyone registered.

The morning talks will take place in the **Savoy Suite.**

Come for the day, or just part of it

You don't need to stay for every talk. You're very welcome to join us for lunch and the afternoon workshops if that suits you better.